



# IPAF MEWP Harness Training Course



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## **Aim:**

To instruct a user in how to select, inspect and use a harness and associated equipment safely when using a MEWP.

## **Objectives:**

At the end of the course the candidate will:

- Understand the relevant health and safety regulations, guidance and standards.
- Be able to identify and select the correct form of Personal Protection Equipment (PPE) against falls from height when working from a MEWP.
- Understand how to check, use, maintain and store a harness and lanyard.
- Be able to fit and adjust a harness and lanyard.

## **Theory:**

What the candidate should know:

- Relevant legislation including HSWA, PPE, CE marking and EN standards.
- Understand hazard analysis and risk assessment.
- The definition of the three categories for safe working at height to include a look at the loads generated when working with MEWPS.

## **Course Agenda:**

- Introduction
- Legislation, standards and guidance
- Hierarchy of fall protection measures
- Harness, lanyard and fittings
- Pre-use checks (including practical exercise)
- Usage and anchor points
- Storage and maintenance
- Hazards and precautions
- Rescue requirements and options
- Course assessment

## **Course Duration:**

Half Day

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